

STARTERS AND APPETISERS

SHAVED STEAK AND HORSERADISH SALAD (GF) / 9

CROQUETAS SERVED WITH FIRE AND FORK TOMATO CHUTNEY / 8.50

Smoked free-range Chicken, enriched mashed potato, tarragon and lemon Or, fire-roasted red pepper, courgette, enriched mashed potato, Welsh cheddar (V)

12HR EMBER-BAKED FENNEL HEART SALAD (VE) / 8

Smoked salt, lemon, roasted garlic, Welsh Cold Pressed Rapeseed oil

4 HR SMOKED WINGS (GF) / 8.50

Lemon and Herb butter wings with house Ranch dressing dip

WHOLE SHRIMP COCKTAIL (GF) / 8.50

Grilled, whole Jumbo Shrimp, house Mary Rose Sauce with a pickled cucumber and tomato salad

MAIN COURSE

THE FIRE & FORK PLATTER / 65

An open fire feast of Picanha Steak, 8 Chicken Wings, Jumbo Shrimp, Croquetas with Fire & Fork chutney, Kale & Leek Gratin, Chargrilled Tenderstem Broccoli, Fries & Peppercorn sauce

28 day DRY AGED, HAND CUT PICANHA STEAK, 80z / 28

Choose one of the following whipped butters or sauces: Café du Paris, Bone Marrow, Béarnaise or Peppercorn

28 day DRY AGED HAND CUT, PICANHA TAIL FILLET 80z / 30

Choose one of the following whipped butters or sauces: Café du Paris, Bone Marrow, Béarnaise or Peppercorn

SMOKED AND BRAISED OX CHEEKS, POLENTA, SALSA VERDE / 27

4hr smoked Welsh Ox Cheek then braised in red wine and aromatics until tender. Served with creamy polenta and our own house salsa verde made with Welsh Cold pressed Rapeseed Oil

BAY & ROSEMARY SMOKED FISH CAPER AND LEMON DRESSING / Please ask server

Please ask for today's selection. We smoke sustainable fish fillets over wild herbs and serve with our house Beurre Monte with lemon and capers

⅓ FREE RANGE, SMOKED CHICKEN, CHICKEN JUS, GRILLED LEMON / 18.50

4hr Smoked Welsh Free-Range Chicken with our own house rub. Served with our own silky, chicken Jus.

FIRE & FORK BURGER / 18

Double smash patty, Monterey Jack and American burger cheese, Fire Roasted Bacon Jam, house pickles, toasted brioche bun and our house burger sauce

WELSH FREE RANGE PORK TOMAHAWK / 17

Brined and grilled Neil Powell Welsh Pork Tomahawk, with a Welsh Cider and wholegrain mustard cream sauce

WHOLE, STUFFED SQUASH (VE/GF) / 16

Roasted squash, with seasonal greens, seasoned rice, chickpeas and slow roast garlic

SIDE DISHES

DAUPHINOISE POTATOES / 6
SEASONED SKIN ON FRIES / 4.50

KALE AND BURNT LEEK GRATIN WITH GRUYERE / 5

GRILLED TENDERSTEM BROCCOLI, ALMONDS, SMOKED SALT, RAPESEED OIL / 5